

BREWSTER SWIM ROUTE



Against the Tide



EVENT SCHEDULE

7:00am Registration

7:25am Opening Remarks & Honors

7:35am Warm-ups

7:45am National Anthem

8:00am **Swim Events** (starting separately, one after another)

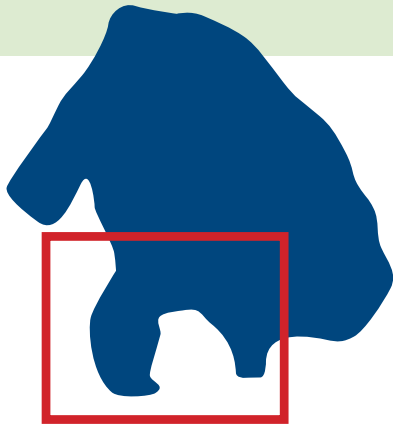
- USMS-Sanctioned 1-mile Swim

- Competitive 1-mile Swim

- Recreational 1/2-mile and 1-mile Swims

9:00am USATF-Certified 5K/10K Runs

9:05am 3-mile Fitness Walk



Cliff Pond

Not to Scale

1/2-mile Swimmers: Proceed counterclockwise to the yellow buoy at the 1/4 mile mark, then turn around and return.

1-mile Swimmers: Proceed counterclockwise around the pond for one lap. Swimmers will swim between the buoys and the shore. The finish point is the same as the start.

