

MASSACHUSETTS BREAST CANCER COALITION

# Swim, Run, Walk, Paddle, or Kayak

## *Against the Tide* 2021



### VIRTUAL EVENTS

#### June Event

Participate anytime June 20th-27th

#### August Event

Participate anytime August 15th-22nd  
**NEW for 2021!** Half Marathon 13.1 miles

#### July Event

Participate anytime July 11th-18th

#### September Event

Participate anytime September 19th-26th  
**NEW for 2021!** Full Marathon 26.2 miles

**Swim, Run, Walk, Paddle, or Kayak wherever you are!**

**NEW FOR 2021! AGAINST THE TIDE SUMMER BUNDLE** – participate in all four  
Against the Tide events and receive a 25% registration discount.



Proceeds benefit MBCC's work toward breast cancer **prevention**, locally and nationally.

[www.mbcc.org/swim](http://www.mbcc.org/swim) or **800-649-MBCC**  
for more information and to register.



mbccorg



mbccprevention



mbccorg