

SWIM KAYAK WALK RUN

Against the Tide



KAYAK CLINIC

Sun June 3



Outdoor Recreation

DCR's Hopkinton State Park
268 Cedar St.
Hopkinton, MA 01748

2-HOUR KAYAK CLINIC 12pm-2pm

After the clinic we will offer a free one-hour kayak rental. The kayak clinic will be free to anyone that is already registered for the Against the Tide event at www.mbcc.org/swim

For more information please email Cheryl Osimo at cosimo@mbcc.org or call 508-246-3047

Everyone interested in participating in the clinic **MUST** sign up on the B&G Outdoor Recreation website prior to the clinic day at

www.outdoorrec.com

Registration will be limited.



Interested individuals **MUST** first register for Against the Tide at www.mbcc.org/swim